

YWCA

IS ON

A MISSION

YWCA Ames at ISU 2025- 2026 Sponsorship Menu

YWCA Ames at ISU is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

eliminating racism
empowering women

ywca

Initiatives – Pillars of Hope

Serving the community since 1890, YWCA Ames at ISU serves the Ames and ISU communities. Currently, YWCA Ames at ISU accomplishes this mission through programs offered in its four Pillars of Hope:

Cultural Assimilation

YWCA Ames at ISU is an established voice for international students at Iowa State University. The YWCA helps individuals enhance their lives and job skills while here at ISU and in Ames.

Mentoring Girls

YWCA Ames at ISU is dedicated to empowering women. Programs serve Iowa State University women students and Story County Middle and High School girls. By doing so, the YWCA helps build strong, diversified, healthy women for our tomorrow's community.

Social Justice Outreach

YWCA Ames at ISU believes that social justice awareness and education is deeply important within Iowa State University and Ames. The YWCA Ames at ISU offers students a safe place to discuss social justice topics that are important to them and educate themselves further.

Diversity Education

YWCA Ames at ISU is dedicated to eliminating racism. We believe the best way to do this is to educate the community about diversity and different cultures. Programs hold educational fairs with volunteers from several different countries throughout the community and in Story County schools.

Our Programs

GIRLS Power Mentoring Program

YWCA Ames at ISU provides a mentoring program for Story County middle school girls who are living out the mission of eliminating racism and empowering women. Each mentee has an ISU women student as their mentor. They meet biweekly as a group, for workshops that help guide them into strong women. Workshops consist of topics that are prominent to this age groups such as mental health, nutrition, self-esteem, volunteering, the college application and acceptance process and guidelines, and more. The mentee-mentor pair also meets one-on-one regularly to volunteer within the community, take campus visits, and more.

CollegeBound Mentoring Program

CollegeBound is a mentoring program for young women in Story County High Schools. Each high school mentee is paired with an ISU women student as their mentor. They meet biweekly as a group for workshops that consist of mental health and self-care, nutrition, healthy relationships, college prep and more. The mentee-mentor pairs also meet one-on-one biweekly to do volunteer work, take campus visits, and more.

International Friendship Fair

The YWCA Ames at ISU holds 4-6 International Friendship Fairs each year. At each IFF, 5-10 different countries are represented by YWCA volunteers who educate the community about their respective country. IFF's are held at Story County Schools, Iowa State University, and various locations throughout the community. The goal of International Friendship Fairs is to educate about diversity and different cultures around the globe, in hopes of dispelling racial differences.

Engaging International Students & Families

The YWCA Ames at ISU holds workshops and field trips 1-2 times per week for internationals in the ISU and Ames communities. The workshops help acclimate internationals into America and our community by assisting with English pronunciation, professors volunteer to teach resume building and interview skills, along with grocery shopping in America basics, how to use CyRide, where to volunteer and more. The program also helps individuals create friendships and decrease the feeling of loneliness.

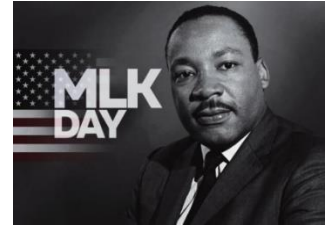
Social Justice Outreach

Talk Back is a dialogue series for student YWCA club members. We provide a safe place to discuss current social injustices as well as advocating against them. The club meets bi-weekly and dialogues include; Women's Health Rights, Sexual Assault on Campus, How to be an Ally to LGBTQ+ Community and more.

Special Events & Campaigns

MLK Community Celebration

Every year on MLK Day, we celebrate the life and legacy of Dr. Martin Luther King, Jr. at the Ames Middle School.



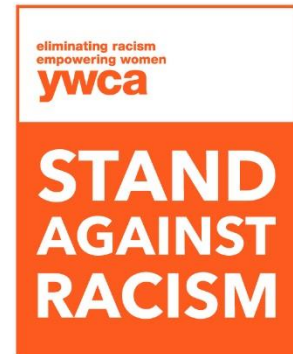
WOMEN OF ACHIEVEMENT *awards*

Women of Achievement

Women of Achievement recognizes a high level of personal and professional accomplishments and positive contributions to the improved quality of life within Story County. Join this inspirational Awards & Ceremony to recognize the valuable work of several women in Story County.

Stand Against Racism

This inspirational signature campaign of YWCA USA is meant to build community amongst those who work for racial justice and to raise awareness about the negative impact of institutional and structural racism in our communities. This campaign is one part of our larger national strategy to fulfill our mission of eliminating racism. Last year, more than 500 students, community members, and businesses participated by joining us for a stand, and taking a selfie and using the hashtag #standagainstracism.



Week Without Violence



Each year, YWCAs around the country, friends, partners, and supporters come together in the third week of October for a Week Without Violence, where we raise awareness about the devastating effects of domestic violence. As the largest network of domestic violence service providers, we support victims of domestic violence in communities around the country and work, year-round, on legislative actions and issue

education that can bring an end to all forms of violence against women.

Our 2024-2025 Impact



30+

Iowa State Students became members of the YWCA Student Club. They attended lectures together, had dialogues about current social justice topics, and participated in YWCA events



300+

Families attended a community International Friendship Fair and learned about different cultures.



500+

Ames and Iowa State University community members and children were educated on diversity and different cultures.



65

Ames girls & college students were empowered to reach their full potential through the support of one-on-one mentoring, and bi-weekly group workshops.



398

Internationals were provided workshops and field trips to help them acclimate into the Ames and ISU communities.



4

Women who came to Ames as spouses of international students, enrolled at Iowa State University as Students themselves.



100+

Agents of Change addressed racism and worked toward taking a Stand Against Racism within our community.

Sponsorship Options

Sponsor a Program

Mentoring Programs (\$2,500)

Funds will go directly to the Girls Power and CollegeBound Mentoring Programs.

Engaging International Spouses, Students & Scholars (\$2,500)

Funds will go directly to Engaging International Spouses, Students & Scholars Program.

International Friendship Fairs (\$2,500)

Funds will go directly to our diversity education program – International Friendship Fairs.

Social Justice Outreach (\$2,500)

Funds will go directly to social justice programs and outreach.

Women of Achievement Sponsor

Diamond Sponsor (\$5,000)

YWCA Sponsor plaque. Logo printed in Ames Tribune ad and all event materials. Logo included on YWCA event webpage and mention of sponsorship with logo on YWCA's social media pages. Can choose to give a 5-minute speech about the topic of their choice that correlates with our mission. Two tables (includes 16 tickets) to event and prominent event signage. Verbal recognition at ceremony.

Platinum Sponsor (\$2,500)

YWCA Sponsor plaque. Logo printed in Ames Tribune ad and event program. Logo included on YWCA event webpage and mention of sponsorship with logo on social media pages. One and a half tables (includes 12 tickets) to event.

Gold Sponsor (\$1,000)

Logo printed in Ames Tribune ad and event program. Logo included on YWCA event webpage and mention of sponsorship with logo on YWCA's social media pages. One Table (includes eight tickets) to event.

Silver Sponsor (\$500)

Logo in Ames Tribune ad. Company/department name listed in event program, on YWCA webpage and mention of sponsorship with logo on social media pages. Four tickets to event (no assigned seating).

Bronze Sponsor (\$250)

Company/department name listed in Ames Tribune ad, event program, and YWCA event webpage. Two tickets to event (no assigned seating).

Sponsorship Form

Thank you! You are helping YWCA Ames at ISU work to eliminate racism, empower women, and promote peace, justice, freedom and dignity for all.

Member/Sponsor Information		
Company Name		
Contact name (First Last)	Position/Title	
Street Address		
City	State	Zip
Phone Number	Email Address	
Yes! We commit to the YWCA Ames at ISU for _____ at \$ _____		
Signature: _____ DATE _____		
Thank you for making a difference.		
Payment Options		
Online Payment	Iowa State University Foundation (write YWCA): https://www.foundation.iastate.edu/s/1463/giving/start.aspx Online Payment in the Amount of \$ _____ On (MM/DD/YYYY) _	
Departmental Transfer	YWCA Worktag: PG109370 Online Payment in the Amount of \$ _____ On (MM/DD/YYYY) _	
Cash or Check Payment	I will mail in a check to: YWCA Ames at ISU 808 Hayward Ave, c1102a Knapp-storms, Iowa State University Ames, IA 50014 Cash or Check Payment in the Amount of \$ _____ On (MM/DD/YYYY) _	

The YWCA Ames at ISU is partially funded by United Way of Story County and Iowa State University Student Government.

